



**211 connects teachers, guidance counsellors and support staff to the programs and services their students need in their community**

As an educator, you know that issues facing students and their families can sometimes be beyond your scope of expertise. Finding programs and services that can help them shouldn't be difficult.

**211** is here to help you find programs and services in your community offered by local community groups, non-profits and government departments that can help your students and their families or yourself and your family and friends. The service is **free** and **confidential** and information about thousands of services province-wide is available 24/7 by simply dialing 2-1-1 or searching the online database at [ns.211.ca](http://ns.211.ca).

211 can serve as the first step to helping educators navigate and access the services students from primary to high school need, from child and adolescent mental health services, substance abuse prevention and treatment programs to funding for recreational activities, after school programs and day camps, sports and fitness opportunities, leadership programs and much more.

211 can also provide information on programs and services for ALL family members including senior support services, homecare, volunteer opportunities, newcomer support, food banks and housing support.

The non-profit service launched on February 11<sup>th</sup>, 2013. In 2019, 211 received over 35,000 calls and more than 375,000 visits to their website. In addition to the 211 **website** and **phone** service (with over the phone language interpretation available in 140+ languages), you can also **text** 211 or **chat** online at [ns.211.ca](http://ns.211.ca) (Monday to Friday from 9 am – 6 pm).

**Dial 2-1-1**  
**Help starts here.**